

## ***Guidelines For Your Visit***

### ***Please Arrive Early***

Receiving spa or laser treatments? Please arrive 20 minutes prior to your appointment. This will allow you time to complete necessary forms and/or receive your locker and prepare for your treatment. **\*In order to receive body treatments, all clients must be at least 18 years of age or have a parent or guardian present to sign a consent form.**

### ***Running Late?***

Arriving late will deprive you of valuable service time. In consideration of our next guest, your service will end on time regardless of when your service began.

### ***Cell Phones and Pagers***

In order to maintain a relaxing environment, we request that cell phones and pagers either be turned to vibrate mode or completely off.

### ***Children in the Spa and Salon***

We are pleased to have children in the salon and spa provided they are scheduled for an appointment. It is our goal to provide a quiet spa atmosphere for our guests. Please do not leave children unattended.

### ***Cancellation Policy***

inSPArations requires a 48 hour notice of cancellation for all services. All services and packages scheduled are reserved with the client credit card number. Your card will be charged in the absence of a 48 hour notice of cancellation.

### ***Smoke Free***

For the well-being of our clients and staff, inSPArations is a smoke-free environment.

### ***Gift Cards Available***

Birthday? Anniversary? Holiday? Just because you care? Gift Cards are a wonderful idea for any special occasion. They may be purchased over the phone (a \$3.00 shipping and handling fee will be added to your credit card) or at the spa desk.



**331 S. 36th, Suite 6 • Quincy, IL 62301**  
**(217) 223-2772**  
**[www.insparations-medspa.com](http://www.insparations-medspa.com)**

*Thank you for choosing InSPArations.*

**HAIR**

Women’s Designer Cut/Style.....	starting at \$27
Cut with Color .....	starting at \$20
Men’s Cut .....	starting at \$17
Child’s Cut (12 and Under) .....	starting at \$13
Shampoo and Blow Dry .....	starting at \$17
Shampoo and Set .....	starting at \$17
Special Occasion.....	starting at \$35
Bang Trim Only .....	starting at \$8
Conditioning Services .....	starting at \$20
Color Retouch.....	starting at \$45
1 Process Color .....	starting at \$55
Full Foil .....	starting at \$65
Partial Foil .....	starting at \$45
Carmelizing.....	starting at \$75
Color Correction .....	\$60/hour
Eyebrow Tint.....	starting at \$15
Eyelash Tint.....	starting at \$15
Eyelash Perm.....	starting at \$45
Full Perm (Includes Cut).....	starting at \$72
Design Wraps (Includes Cut) .....	\$1/minute
Permanent Hair Straightening (Includes Cut) .....	\$90/hour
Hair Extensions .....	consultation
Make-up Application.....	starting at \$30

**NAILS**

Classic Manicure.....	starting at \$20
Spa Manicure .....	starting at \$27
Spa Pedicure .....	starting at \$42
Spa Pedicure with Paraffin .....	starting at \$45
Full Set Nail Enhancements (pink & whites available) .....	starting at \$50
Nail Fill .....	starting at \$27
Backfill .....	starting at \$32
Nail Overlay .....	starting at \$40
Full Set Temporary Nails .....	starting at \$35
Nail Removal.....	\$30/hour
Tip Replacement.....	starting at \$4
French Polish.....	starting at \$5
Polish Change.....	starting at \$10

**WAXING**

Brow, Lip or Chin.....	starting at \$10
Toes, Nose or Ears .....	starting at \$10
Full Face.....	starting at \$40
Full Legs.....	starting at \$60
Legs Below Knee .....	starting at \$35
Full Legs with Bikini .....	starting at \$85
Bikini .....	starting at \$30
Partial Brazilian .....	starting at \$65
Brazilian .....	starting at \$85
Full Arms.....	starting at \$45
Arms Below Elbow .....	starting at \$30
Underarms.....	starting at \$20
Chest.....	starting at \$85
Back .....	starting at \$85

**SKIN CARE**

InSPArations Signature Facial.....	\$65
Acne Treatment.....	\$75
Sensitive Skin Facial .....	\$70
Anti-Aging Facial .....	\$70
Collagen Mask Treatments (Add on to 1 Hour Facial)	
- Face .....	\$55
- Eyes .....	\$30
- Upper Lip .....	\$20
Express Facial .....	\$42
Facial Treatment for Men.....	\$65
Back Facial .....	\$95
M.D. Forte Facial.....	\$75
M.D. Forte Express Facial .....	\$45
Make-Up Application .....	starting at \$30
Glycolic Peel .....	starting at \$70
Microderm .....	starting at \$110

**LASER SERVICES**

Skin Rejuvenation, Hair Removal, .....	Consultation
Vein Therapy .....	Consultation
Photogenesis.....	Consultation

**BODY TREATMENTS**

**Body Therapies**

Salt Glow Treatment.....	\$50
Algae Body Wrap .....	\$85
Rejuvenating Mud Treatment.....	\$85
Herbology Body Experience .....	\$90

**Massage Therapies**

Express Massage .....	\$40
Express Deep Tissue.....	\$45
Swedish Massage .....	\$65
Aromatherapy Massage (60 or 90 minutes)	
.....	\$70/\$100
Pregnancy Massage .....	\$75
Deep Tissue Massage .....	\$75
Acupressure Massage .....	\$75
Fibromyalgia Massage .....	\$75
Express Fibromyalgia.....	\$45
Hot Stone Therapy .....	\$80
Hand or Foot Reflexology (30 min) .....	\$40
Ultimate Foot Reflexology (60 min).....	\$65
TMJ Head/Neck Massage.....	\$70
Facelift Massage .....	\$90

**Hydrotherapy**

Hydrotherapy Bath.....	\$50
Added to 60 minute massage.....	\$40
Steam Session .....	\$5

**MYSTIC TAN**

One Session .....	\$25
Package of 2.....	\$40
Package of 4.....	\$75

*Special Pricing is Available for All  
Treatments Sold in a Series*

**PACKAGES**

<b>Sea Side Tranquility.....</b>	<b>\$242</b>
InSPArations Signature Facial	
Algae Body Wrap or Mud Treatment	
Aromatherapy Massage	
Shampoo/Blow Dry	
Complimentary Steam Session	
Includes Lunch	

<b>Serene Sunset .....</b>	<b>\$194</b>
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InSPArations Signature Facial	
Aromatherapy Massage	
Spa Pedicure	
Shampoo/Blow Dry	
Complimentary Paraffin on Pedicure	

<b>Tropical Paradise.....</b>	<b>\$104</b>
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Express Facial or Express Massage	
Spa Pedicure	
Classic Manicure	
Complimentary Paraffin on Pedicure	

<b>Island Breeze .....</b>	<b>\$151</b>
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Express Facial	
Express Massage	
Spa Pedicure	
Spa Manicure	
Complimentary Paraffin on Pedicure	

<b>Men’s or Women’s Mirage .....</b>	<b>\$152</b>
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Hydrotherapy Bath	
Aromatherapy Massage	
Spa Pedicure	
Complimentary Paraffin on Pedicure	

**Add a Shampoo/Blow Dry to Any  
Spa Package for \$17**

**All Spa Packages Must be  
Booked in Advance to  
Insure Availability**

**We Accept**

